

Cincinnati Recreation Commission

Washington Park • 1230 Elm Street, Cincinnati, OH 45202

CRC

It's FREE!



CRUSH HIIT

HIGH INTENSITY INTERVAL TRAINING

STARTS APRIL 4, 2017

WHERE : Washington Park, 1230 Elm Street

WHEN : Every Tuesday for 8 weeks, 7:15 to 8:15 p.m.

CONTACT : Call 513.961.1584 for more details!



cincyrec.org

513.352.4000

info.crc@cincinnati-oh.gov



city of
CINCINNATI

The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgendered status, or ethnic, national or Appalachian origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

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